

Printemps 2018 de la médecine d'urgence

Nouveautés dans la prise en charge du STEMI

Eric BONNEFOY (Lyon)

Conflicts of interest

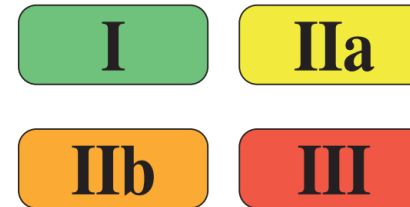
Soutien d'enseignement par AZ
sinon je n'ai pas de conflit d'intérêt

CHANGE IN RECOMMENDATIONS 2012 2017

Radial access^a MATRIX ¹⁴³
DES over BMS EXAMINATION ^{150,151} COMFORTABLE-AMI ¹⁴⁹ , NORSTENT ¹⁵²
Complete Revascularization^b PRAMI ¹⁶⁸ , DANAMI-3-PRIMULTI ¹⁷⁰ , CVLPRIT ¹⁶⁹ , Compare-Acute ¹⁷¹
Thrombus Aspiration^c TOTAL ¹⁵⁹ , TASTE ¹⁵⁷
Bivalirudin MATRIX ²⁰⁹ , HEAT-PPCI ²⁰⁵
Enoxaparin ATOLL ^{200,201} , Meta-analysis ²⁰²
Early Hospital Discharge^d Small trials & observational data ²⁵⁹⁻²⁶²
Oxygen when SaO₂ <95% AVOID ⁶⁴ , DETOX ⁶⁶ Oxygen when SaO₂ <90%
Dose i.V. TNK-tPA same in all patients STREAM ¹²¹ Dose i.V. TNK-tPA half in Pts ≥75 years

2017 NEW RECOMMENDATIONS

- Additional lipid lowering therapy if LDL >1.8 mmol/L (70 mg/dL) despite on maximum tolerated statins
IMPROVE-IT³⁷⁶, FOURIER³⁸²
- Complete revascularization during index primary PCI in STEMI patients in shock
Expert opinion
- Cangrelor if P2Y₁₂ inhibitors have not been given
CHAMPION¹⁹³
- Switch to potent P2Y₁₂ inhibitors 48 hours after fibrinolysis
Expert opinion
- Extend Ticagrelor up to 36 months in high-risk patients
PEGASUS-TIMI 54³³³
- Use of polypill to increase adherence
FOCUS³²³
- Routine use of deferred stenting
DANAMI 3-DEFER¹⁵⁵



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- New chapters dedicated to these topics.

STRATEGY SELECTION AND TIME DELAYS:

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TIME LIMITS FOR ROUTINE OPENING OF AN IRA^o:

- 0–12h (Class I); 12–48h (Class IIa); >48h (Class III).

ELECTROCARDIOGRAM AT PRESENTATION:

- Left and right bundle branch block considered equal for recommending urgent angiography if ischemic symptoms.

TIME TO ANGIOGRAPHY AFTER FIBRINOLYSIS:

- Timeframe is set in 2–24h after successful fibrinolysis.

PATIENTS TAKING ANTICOAGULANTS:

- Acute and chronic management presented.

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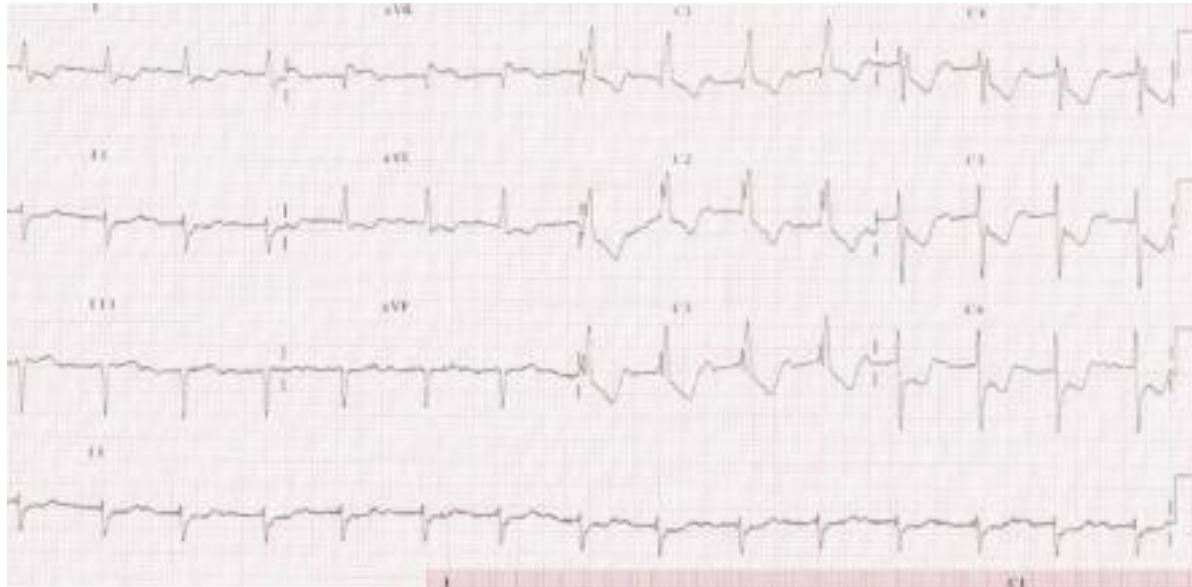
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Infarctus aigu du myocarde avec bloc de branche droit

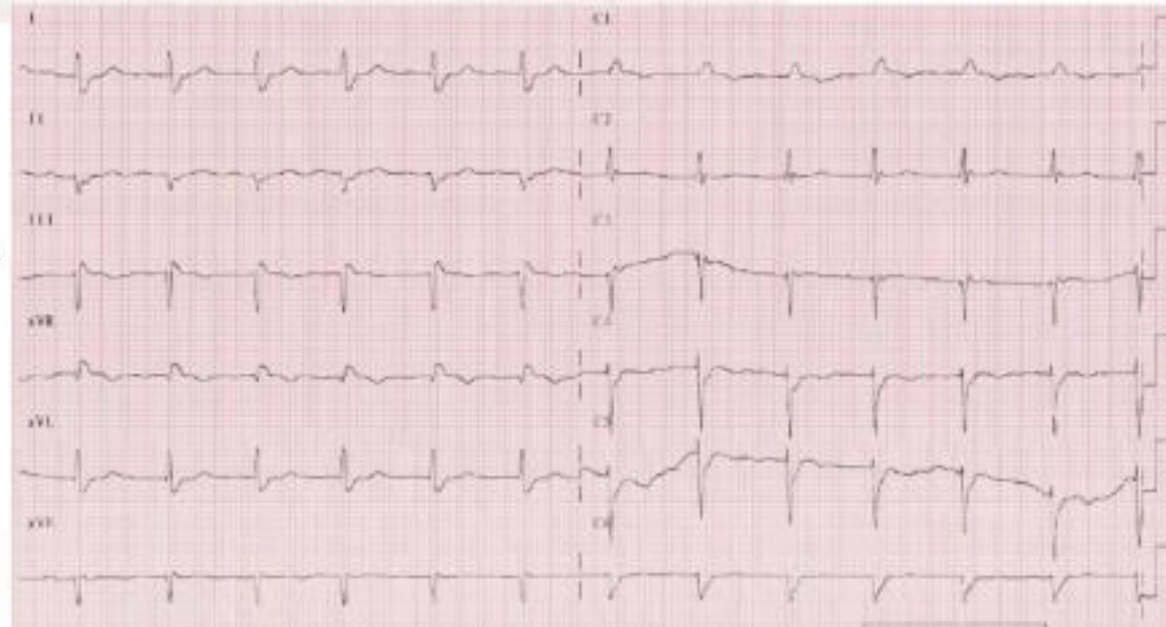
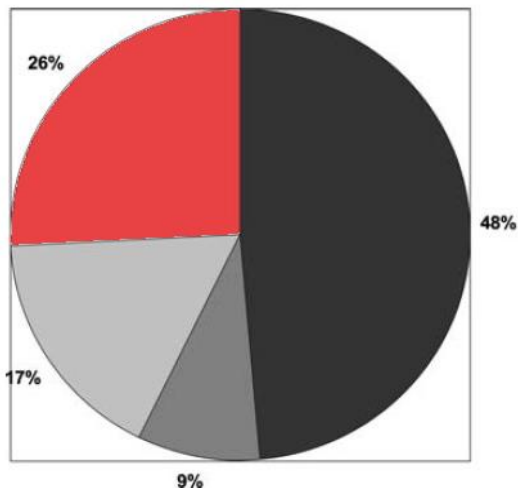


Incidence of cardiogenic shock

 STE	6.7 %
 LBBB	15.8 %
 RBBB	15.4 %

In hospital mortality

 STE	5.4 %
 LBBB	13.2 %
 RBBB	18.8 %



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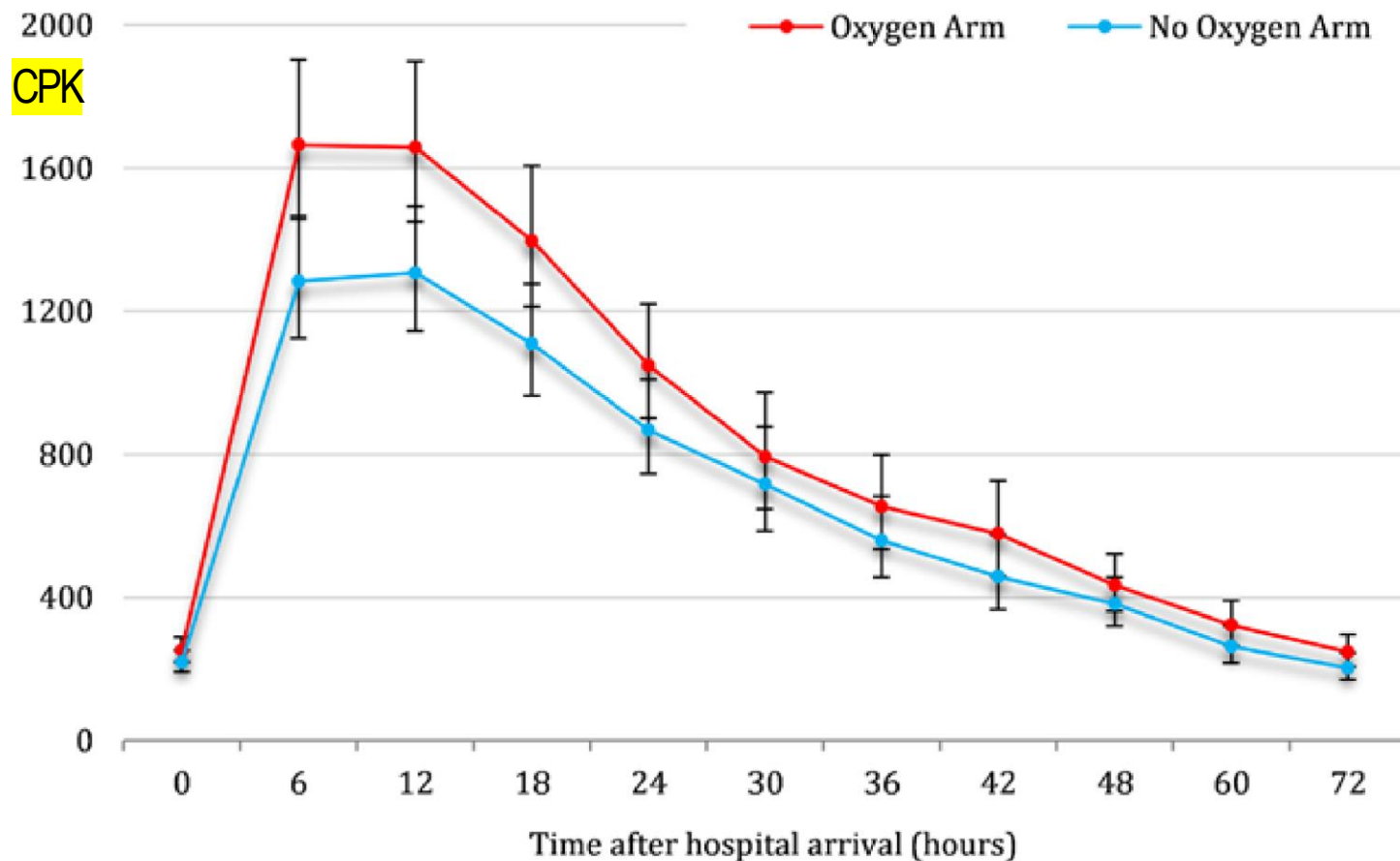
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Relief of hypoxaemia and symptoms

Recommendations	Class	Level
Hypoxia		
Oxygen is indicated in patients with hypoxaemia (SaO ₂ <90% or PaO ₂ <60 mmHg).	I	C
 Routine oxygen is not recommended in patients with SaO ₂ ≥90%.	III	B
Symptoms		
Titrated i.v. opioids should be considered to relieve pain.	IIa	C
A mild tranquillizer (usually a benzodiazepine) should be considered in very anxious patients.	IIa	C

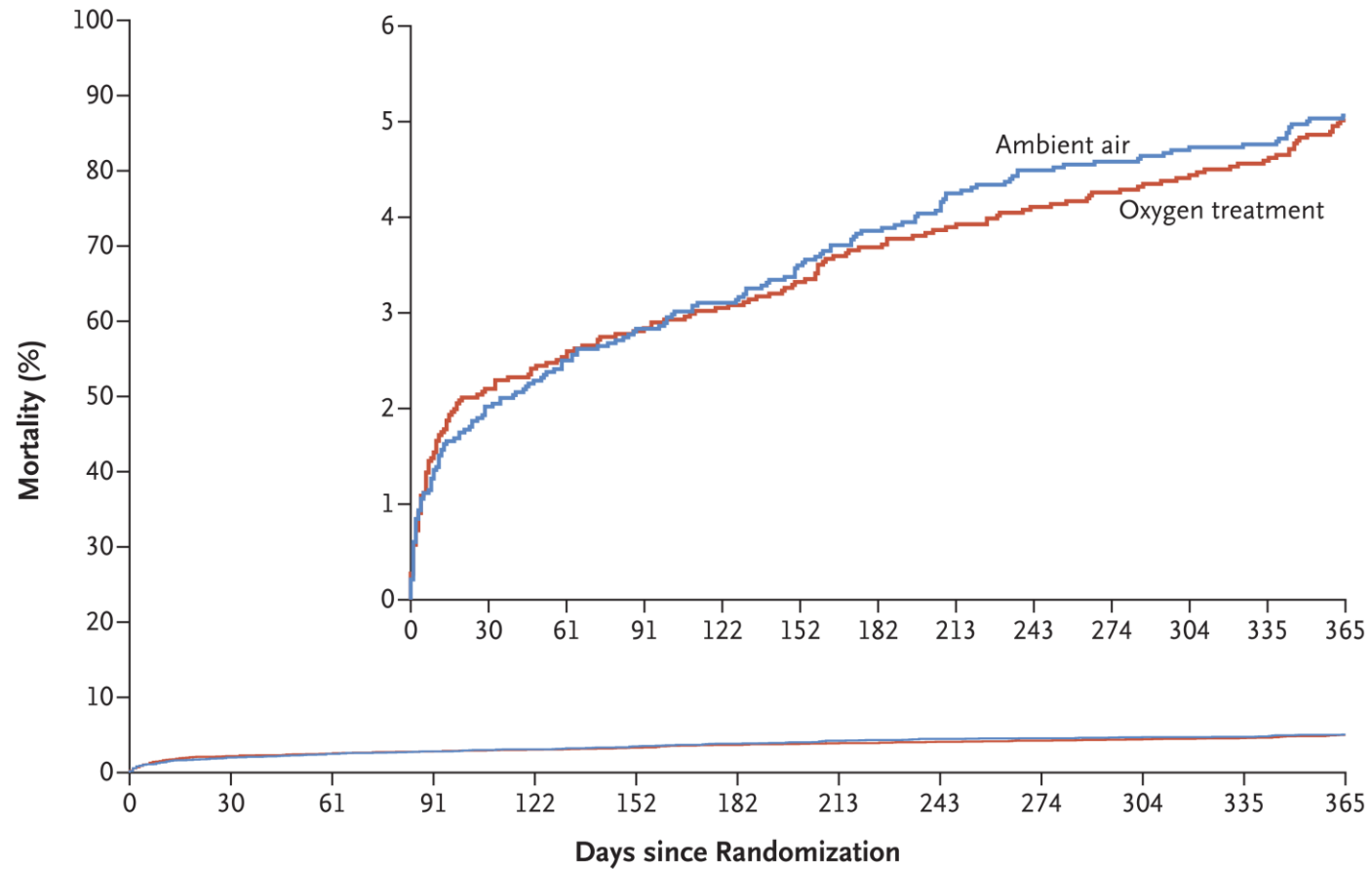
Air ambient ou O2 dans l'infarctus du myocarde avec élévation du segment ST

✍ AVOID study, 441 patients with acute STEMI and $SaO_2 > 94\%$ were randomized to receive 0 vs. 8 L/min O_2



CPK peak 1948 versus 1543 U/L;
means ratio, 1.27; 95% confidence interval, 1.04–1.52; $P=0.01$

Oxygénothérapie dans l'infarctus aigu du myocarde



Oxygénothérapie dans l'infarctus aigu du myocarde

Timing and End Point	Oxygen Group (N=3311)	Ambient-Air Group (N=3318)	Hazard Ratio (95% CI)	P Value
365 Days after randomization				
Death from any cause — no. (%)	166 (5.0)	168 (5.1)	0.97 (0.79–1.21)	0.80
Rehospitalization with myocardial infarction — no. (%)	126 (3.8)	111 (3.3)	1.13 (0.88–1.46)	0.33
Composite of death from any cause or rehospitalization with myocardial infarction — no. (%)	275 (8.3)	264 (8.0)	1.03 (0.87–1.22)	0.70
30 Days after randomization				
Death from any cause — no. (%)	73 (2.2)	67 (2.0)	1.07 (0.77–1.50)	0.67
Rehospitalization with myocardial infarction — no. (%)	45 (1.4)	31 (0.9)	1.46 (0.92–2.31)	0.11
Composite of death from any cause or rehospitalization with myocardial infarction — no. (%)	114 (3.4)	95 (2.9)	1.19 (0.91–1.56)	0.21
During hospital stay				
Median highest measured level of highly sensitive troponin T (IQR) — ng/liter*	946.5 (243.0–2884.0)	983.0 (225.0–2931.0)	—	0.97

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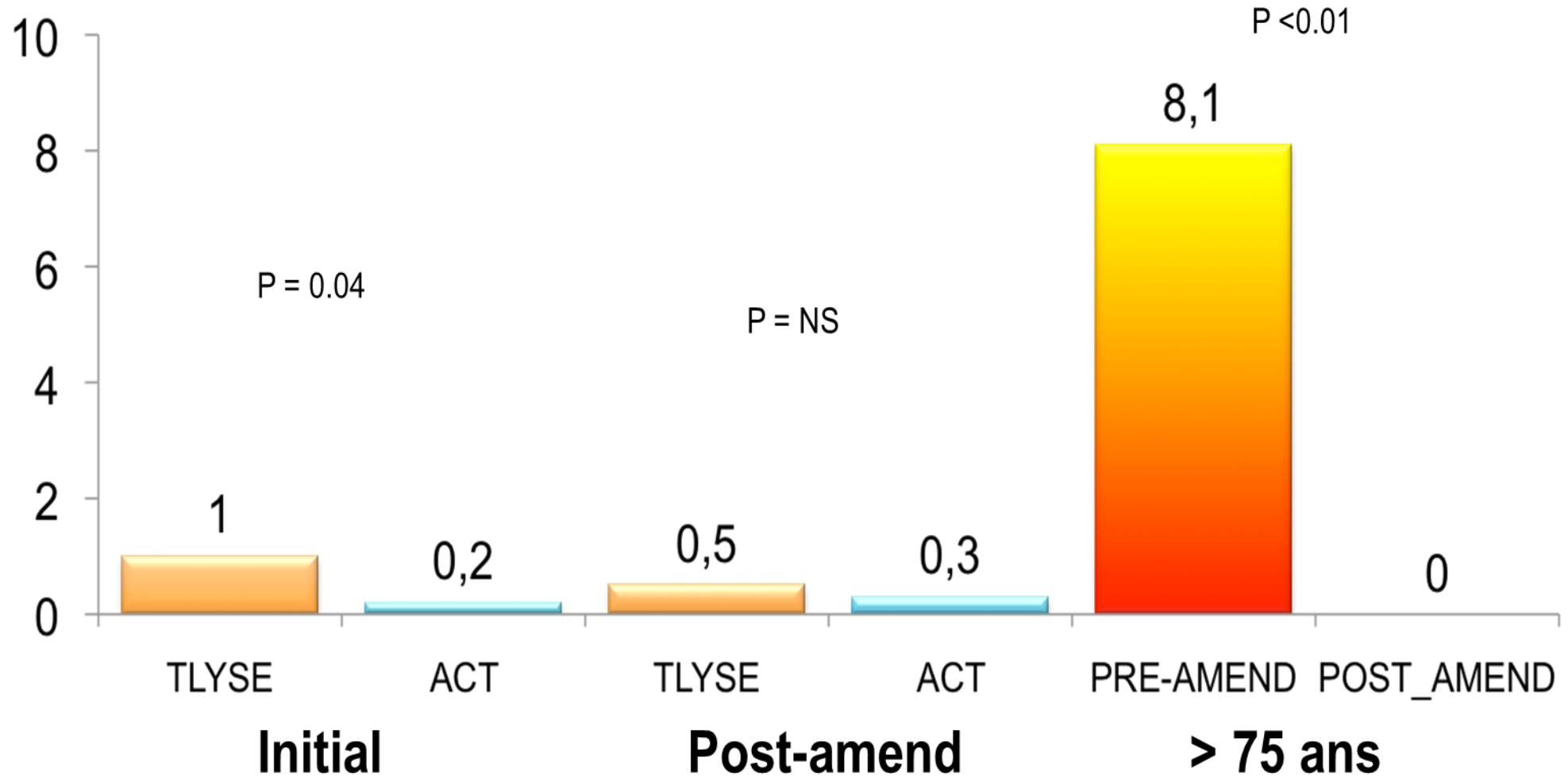
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Ce que dit l'étude STREAM

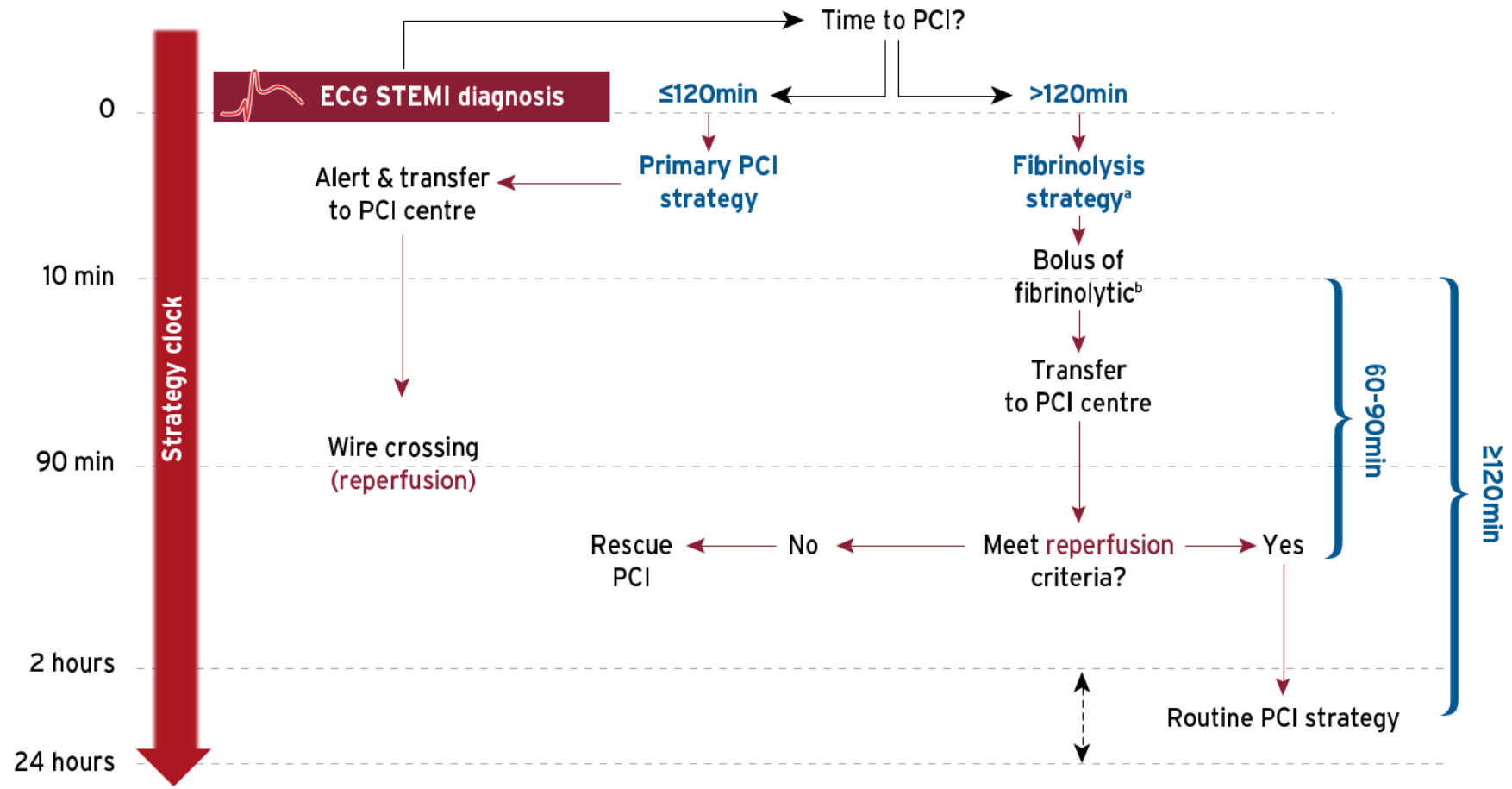
1892 patients. <3H00 début des symptômes et PCI possible seulement >1H00
 Fibrinolyse + rescue ou angioplastie dans les 24 heures
 Angioplastie primaire

Variable	Fibrinolysis (N=944) <i>no./total no. (%)</i>	Primary PCI (N=948) <i>no./total no. (%)</i>	P Value
End Point			
Primary composite end point: death, shock, congestive heart failure, or reinfarction at 30 days	116/939 (12.4)	135/943 (14.3)	0.21
Death from any cause	43/939 (4.6)	42/946 (4.4)	0.88
Cardiogenic shock	41/939 (4.4)	56/944 (5.9)	0.13
Congestive heart failure	57/939 (6.1)	72/943 (7.6)	0.18
Reinfarction	23/938 (2.5)	21/944 (2.2)	0.74
Death from cardiovascular causes	31/939 (3.3)	32/946 (3.4)	0.92
Rehospitalization for cardiac causes	45/939 (4.8)	41/943 (4.3)	0.64
Intracranial hemorrhage			
Any	9/939 (1.0)	2/946 (0.2)	0.04

TNK 1/2 dose >75 ans – Hémorragies cérébrales



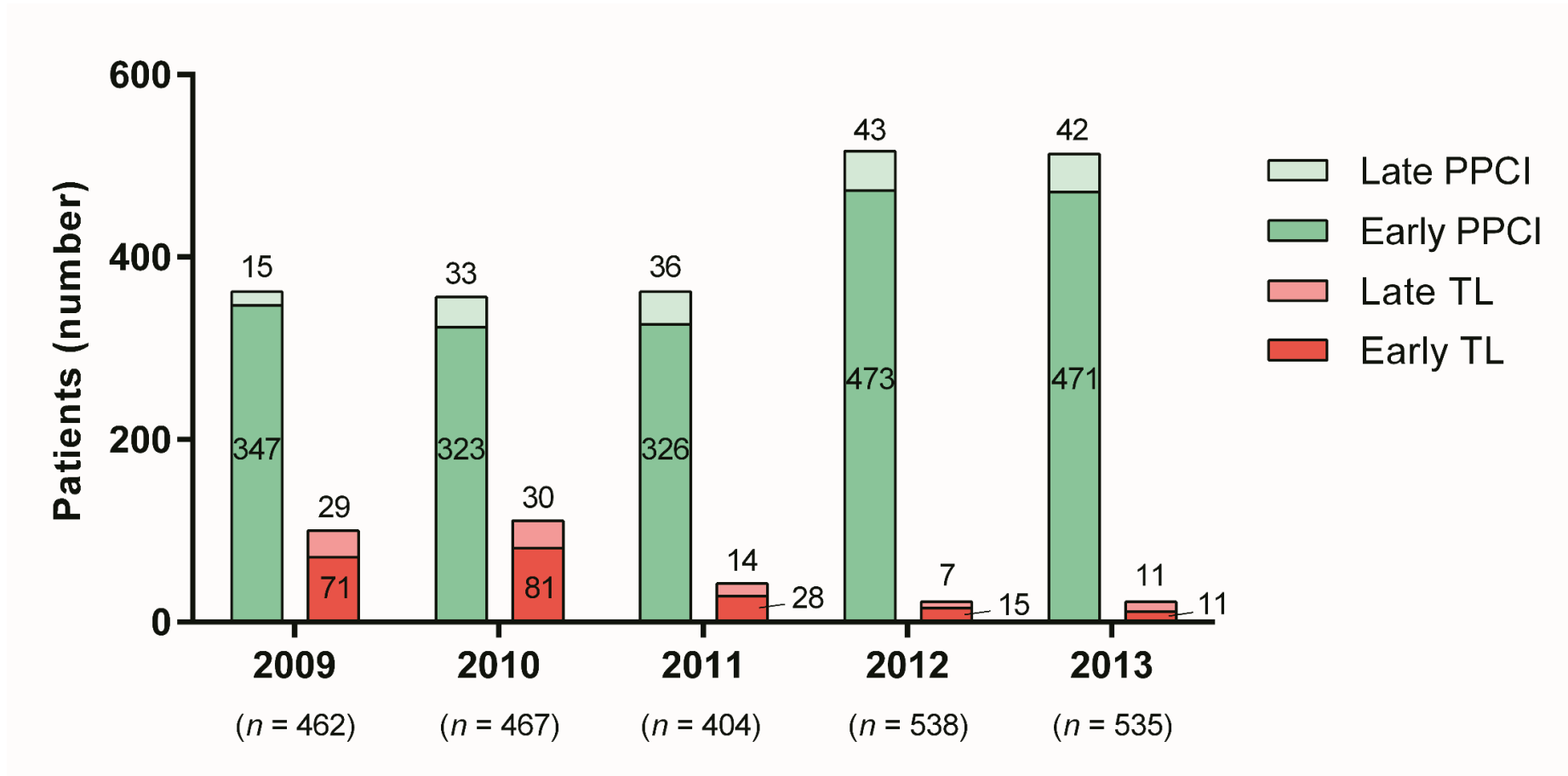
Stratégies de reperfusion



^a If fibrinolysis is contra-indicated, direct for primary PCI strategy regardless of time to PCI.

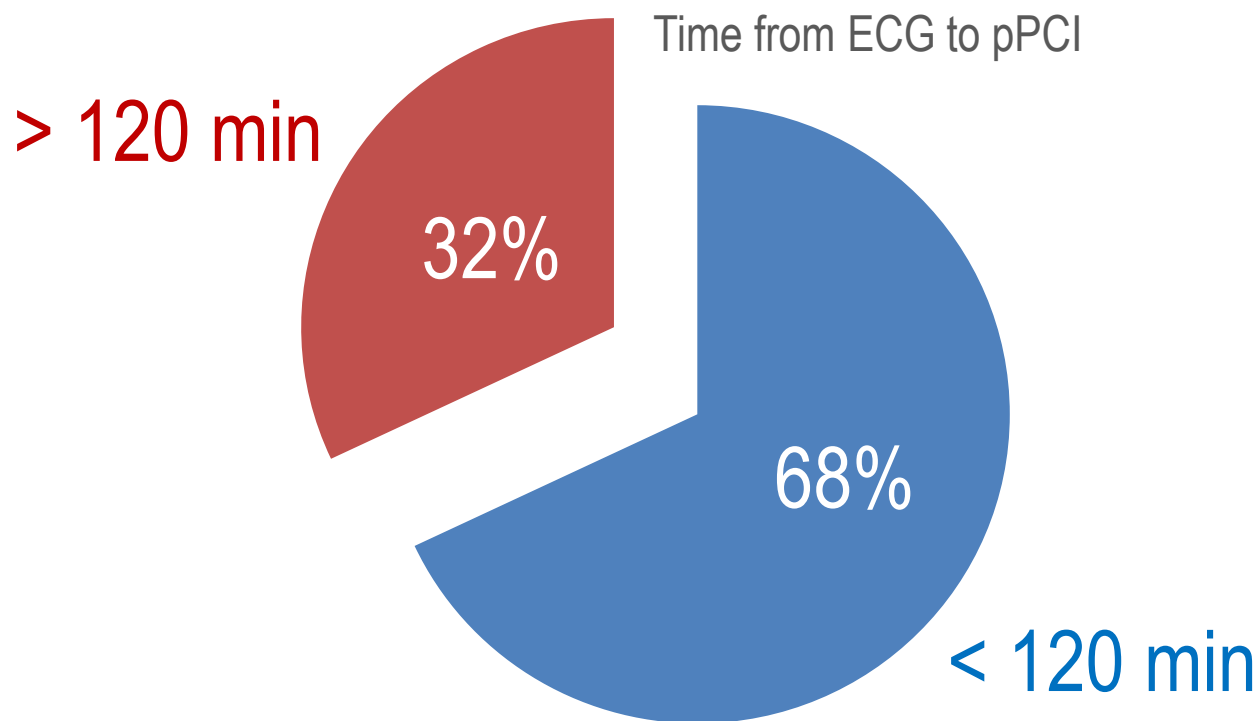
^b 10 min is the maximum target delay time from STEMI diagnosis to fibrinolytic bolus administration, however, it should be given as soon as possible after STEMI diagnosis (after ruling out contra-indications).

Thrombolyse en cours de disparition ?

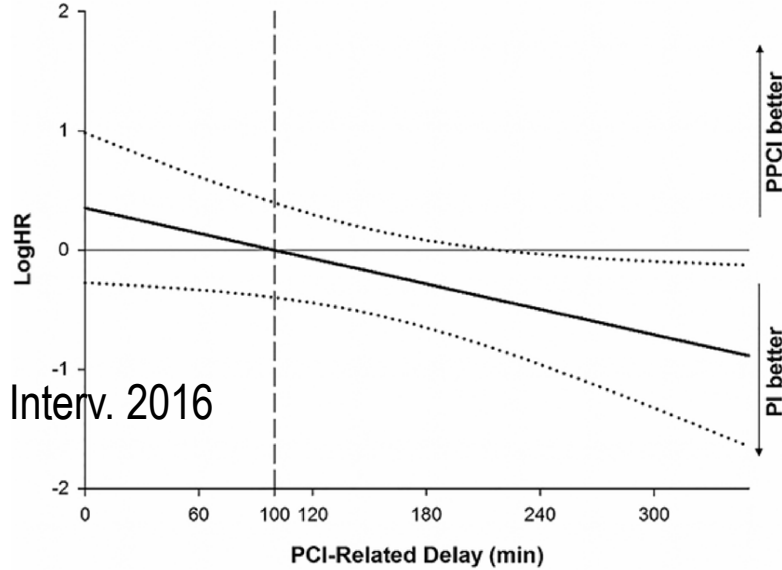




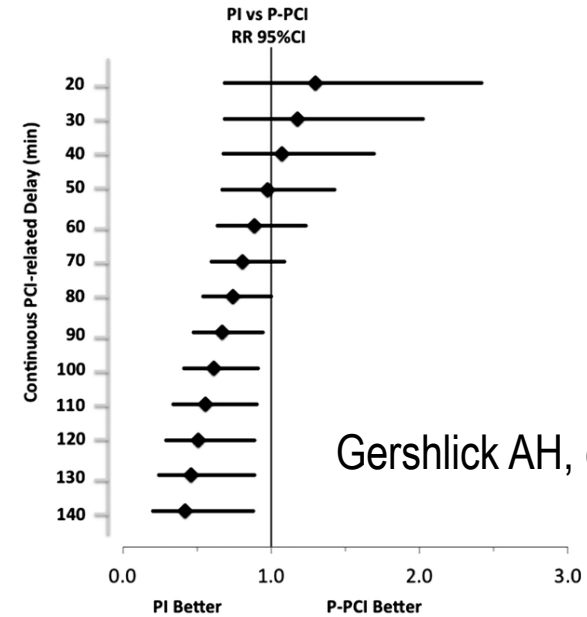
En 2015 en France, un tiers des patients ont été traités par angioplastie primaire au-delà recommandé délais



Bénéfice de la stratégie pharmacoinvasive dans les STEMI vs PPCI



Sim Circ Cardiovasc Interv. 2016



Gershlick AH, et al. Heart 2015

Time of randomization					0.13
Before amendment	31/192 (16.1)	25/187 (13.4)		1.21 (0.74–1.97)	0.45
After amendment	85/747 (11.4)	110/756 (14.6)		0.78 (0.60–1.02)	0.07

Fibrinolysis Better

Primary PCI Better

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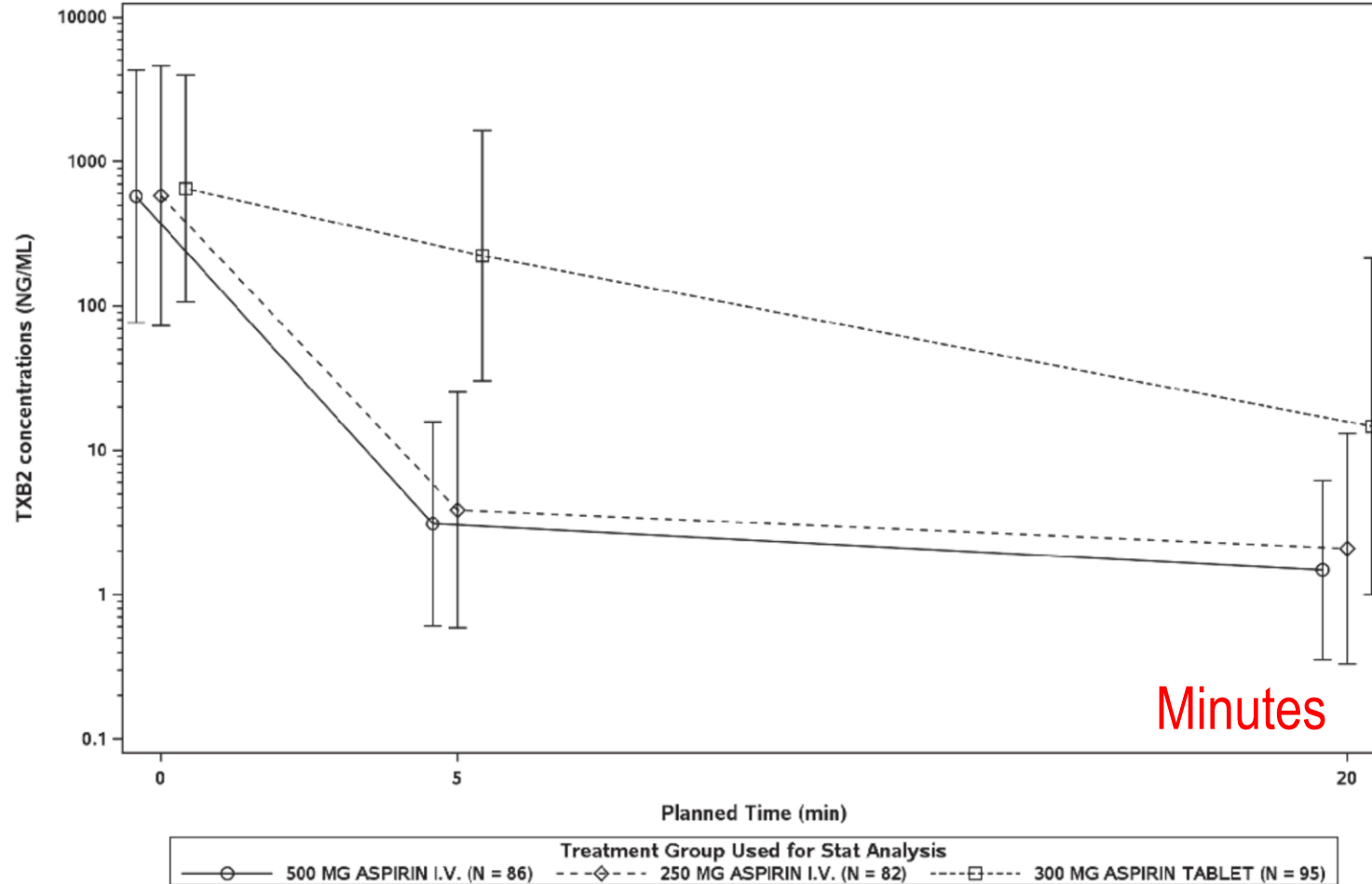
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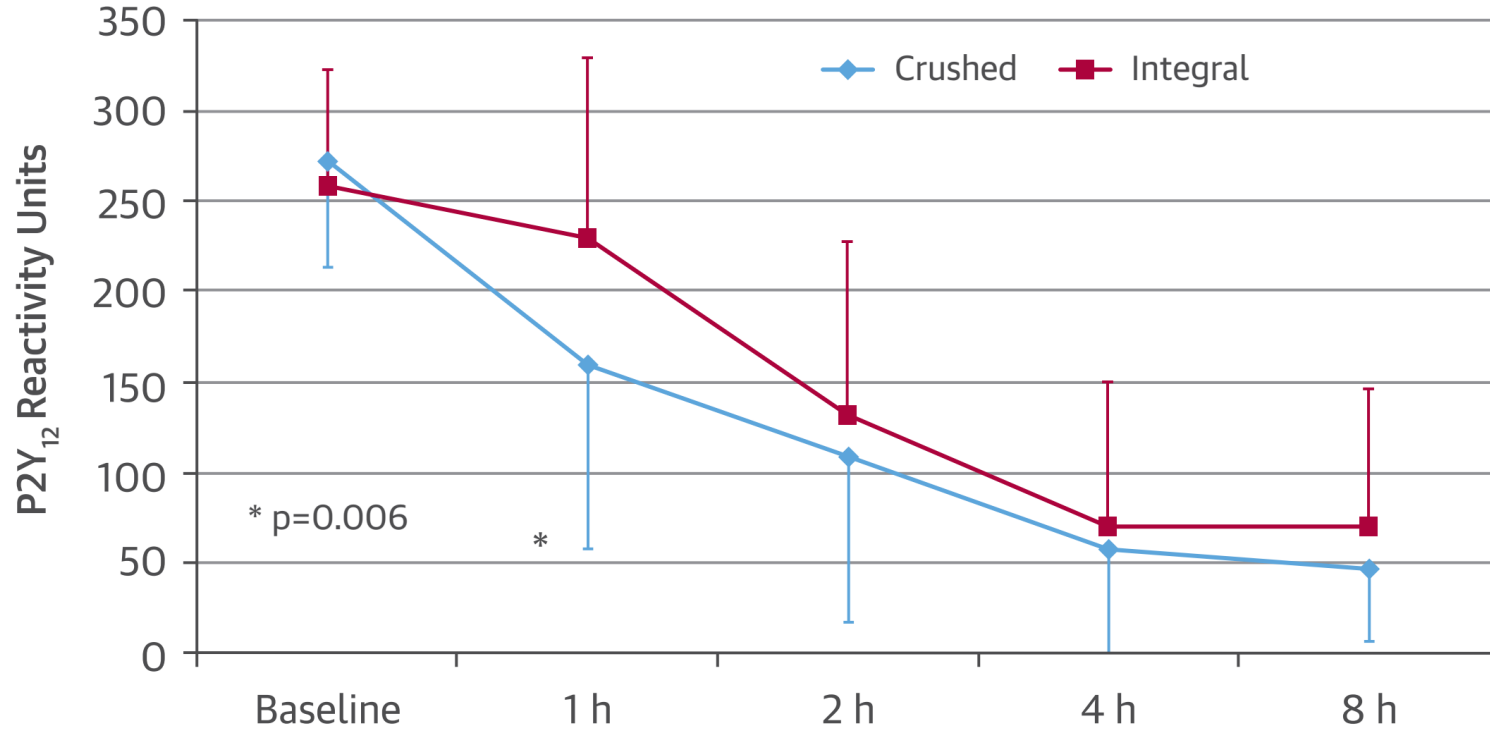
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Inhibition de la synthèse du thromboxane par 500 mg et 250 mg d'acide acétylsalicylique i. v. et 300 mg p. o.

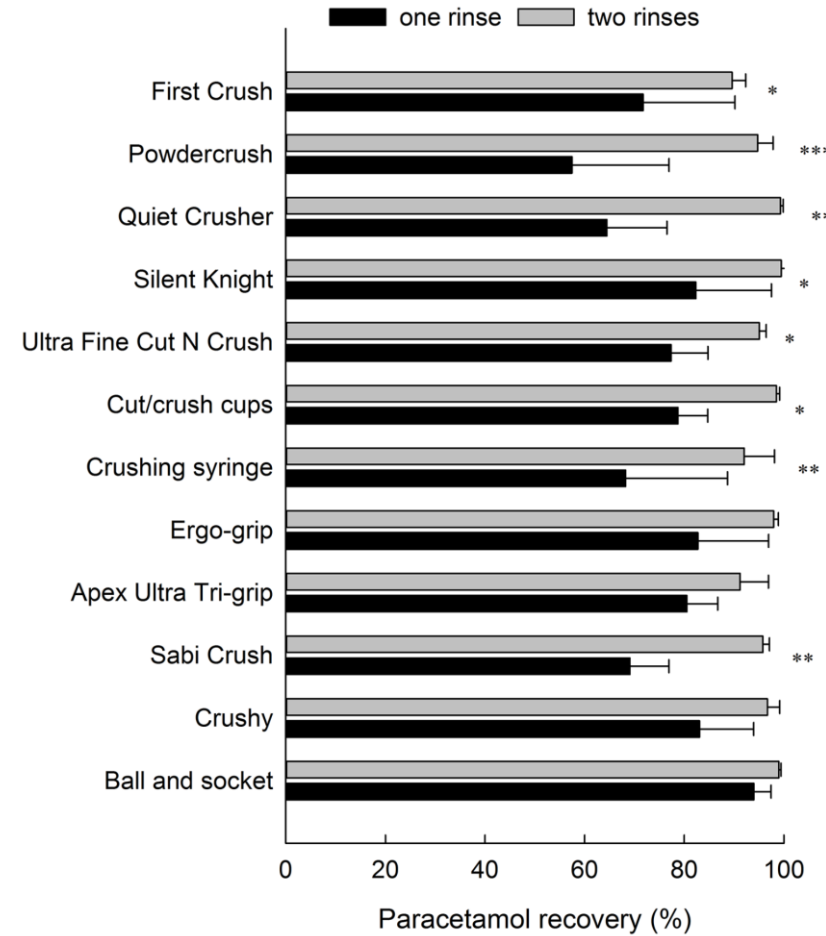
Primary Endpoint: inhibition of thromboxan-synthesis



Administration de comprimés écrasés de ticagrélor chez les patients STEMI - Etude MOJITO

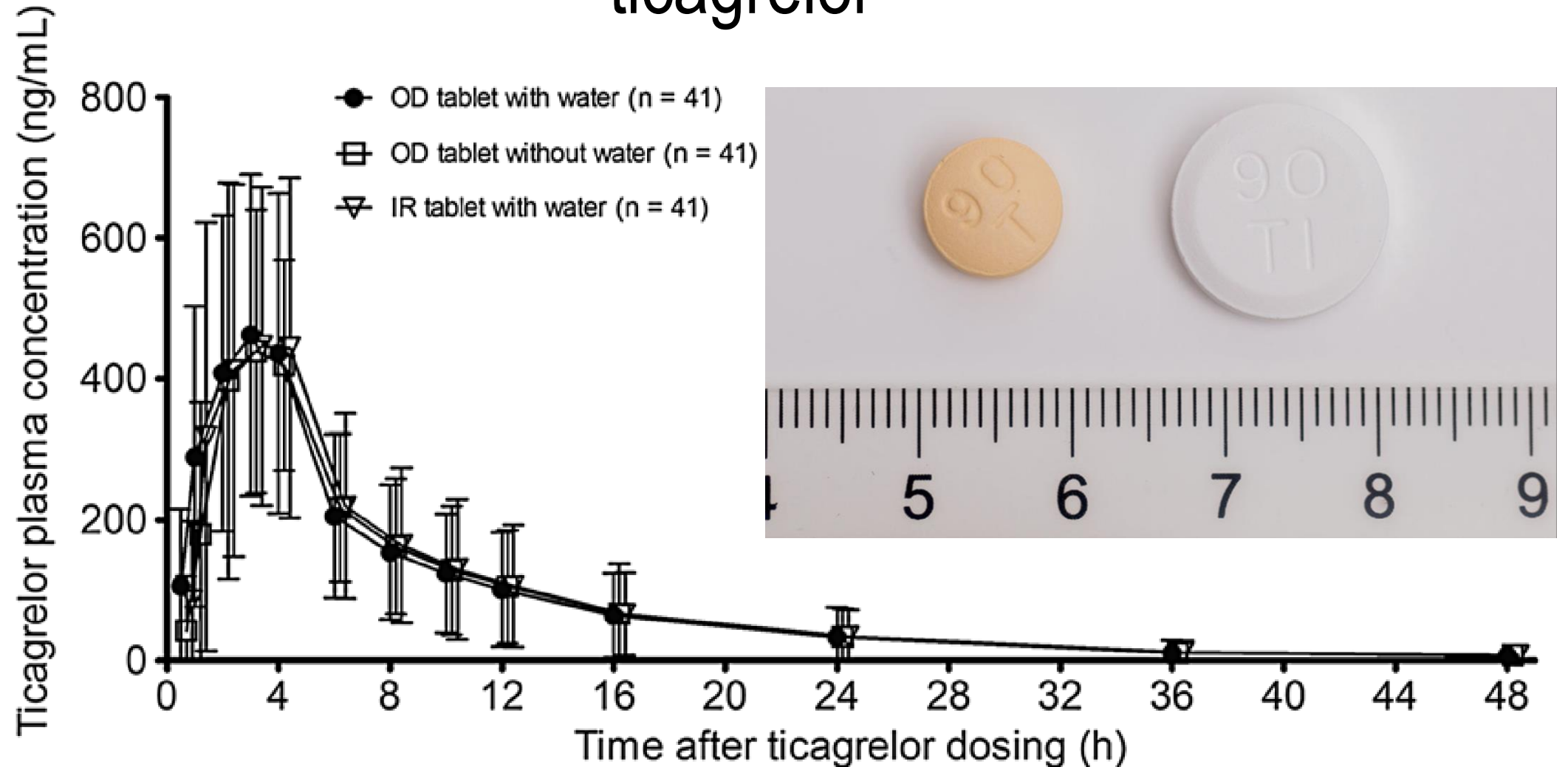


Parodi JACC 2015

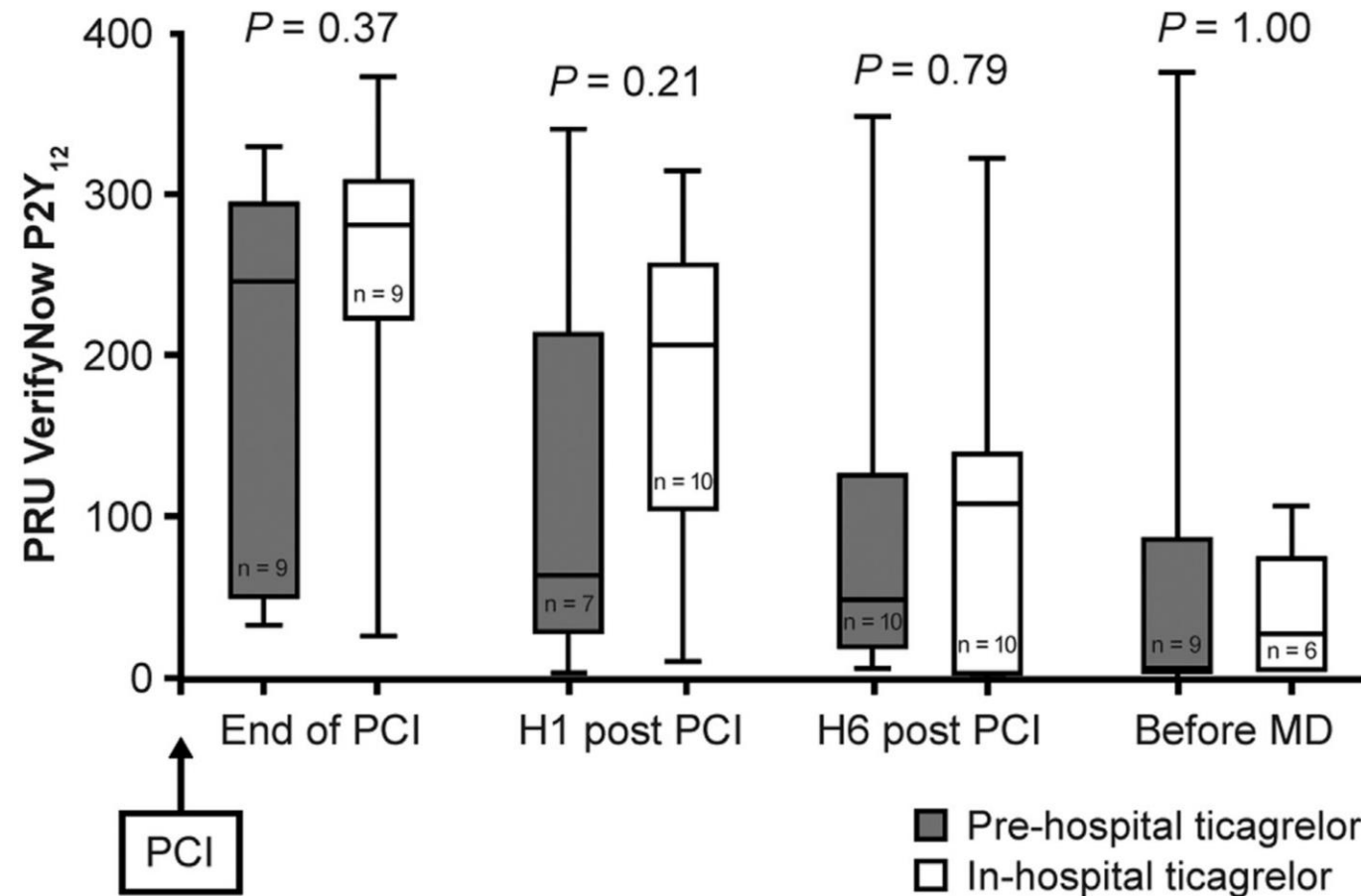


Thong PLOS ONE 2018

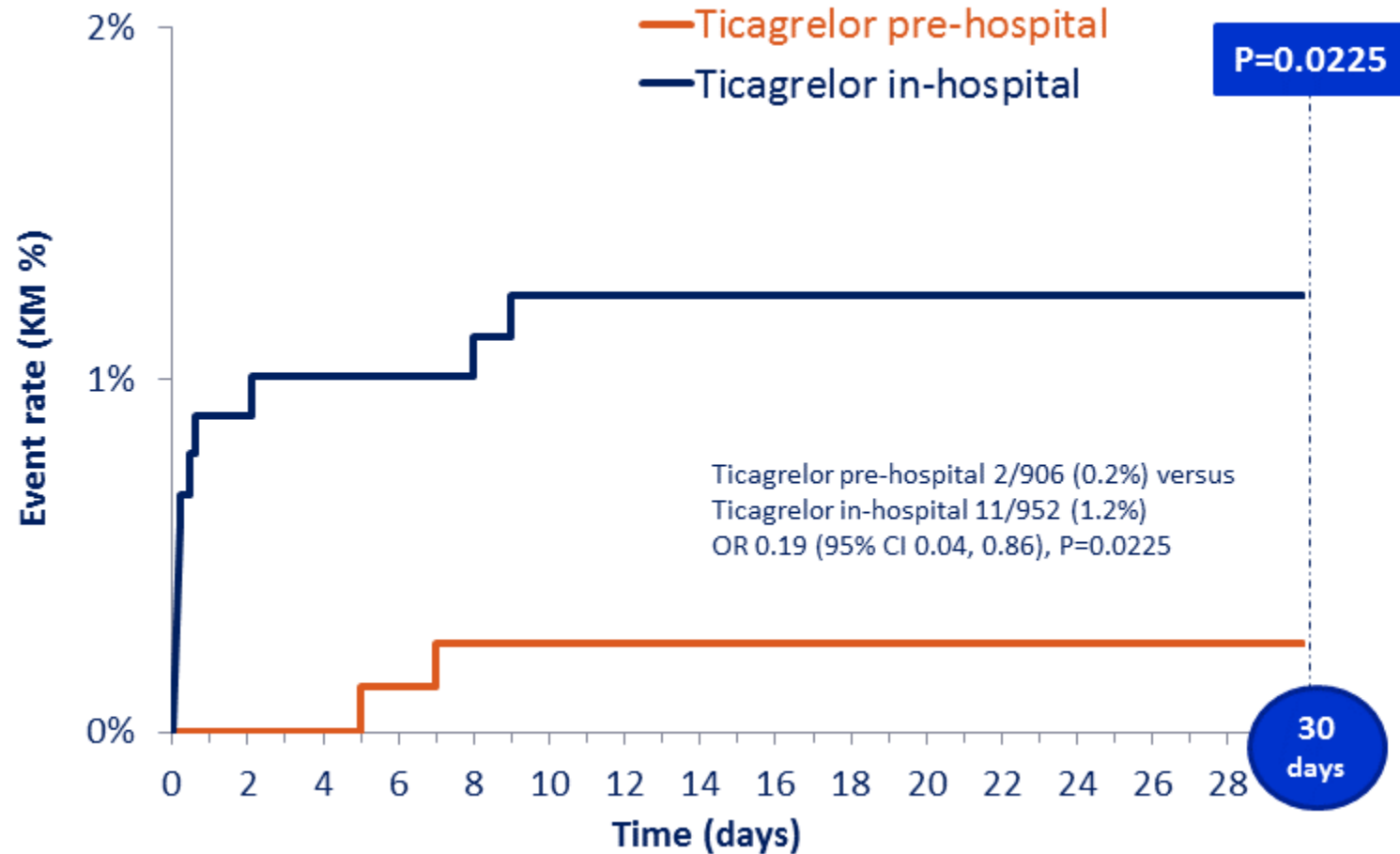
Profils pharmacocinétiques des comprimés de ticagrelor



Inhibition plaquettaire dans l'étude ATLANTIC



Thrombose de stent – Etude ATLANTIC



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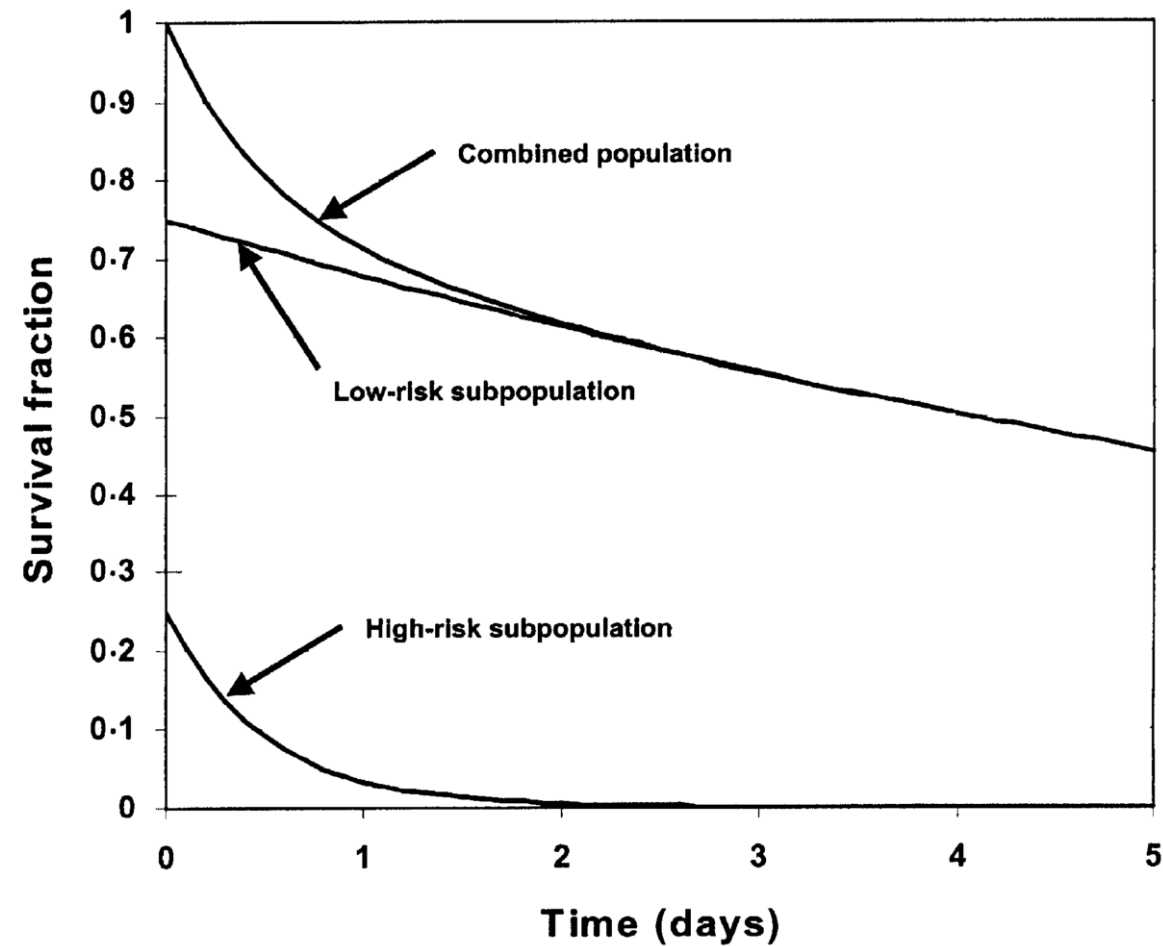
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Courbe de survie dans les STEMI

Mixed-exponential hazards modelling



Stratification du risque des patients STEMI traités par une angioplastie primaire

ZRS – Zwolle Risk Score

<u>Killip Class</u>	<u>Points</u>
1	0
2	4
3-4	9
<u>TIMI flow post</u>	
3	0
2	1
0-1	2
<u>Age</u>	
< 60	0
≥ 60	2
<u>3-vessel disease</u>	
No	0
Yes	1
<u>Anterior infarction</u>	
No	0
Yes	1
<u>Ischemia time (> 4 hours)</u>	
No	0
Yes	1
Total score	16

Front

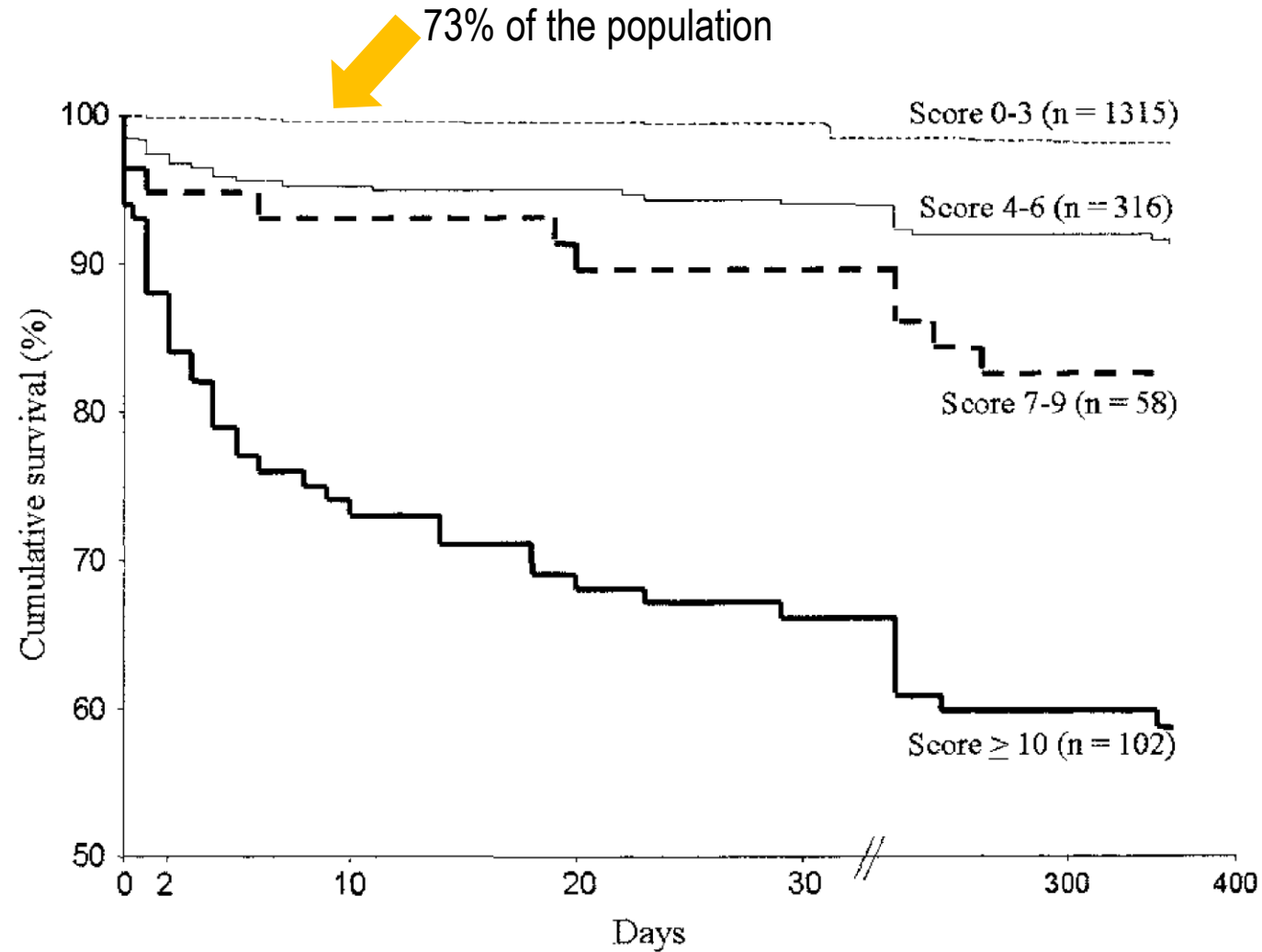
PAMI Low Risk

- age < 70 years,
- no persistent arrhythmias after reperfusion
- one- or two-vessel disease
- LVEF > 45%
- Successful PTCA

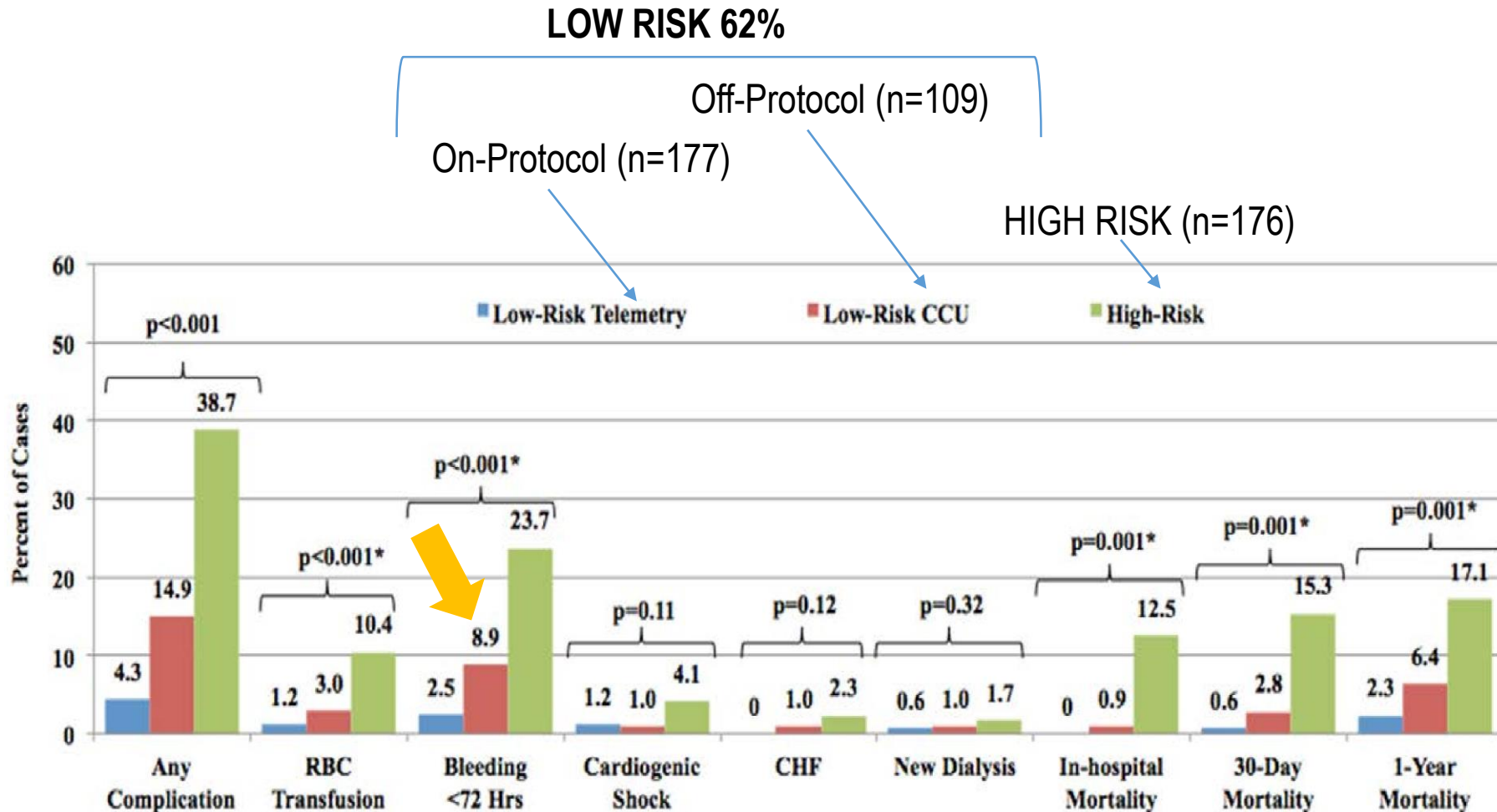
CADILLAC risk score

EF < 40%	4
Cr clearance < 60 mL/min	3
Killip class 2 or 3	3
Final TIMI flow 0-2	2
Age > 65 yrs	2
Anemia (hemoglobin < 13.0 mg/dL for males or <12.0 mg/dL for females)	2
Three vessel disease	2

Zwolle risk score et mortalité



Plus besoin d'USIC pour les STEMI ?



Prospective cohort	Low-risk on-protocol (n=177)	Low-risk off-protocol (n=109)	High risk (n=176)
Patient costs	\$6090 (\$4730, \$7356)	\$8412 (\$6728, \$10920)	\$11783 (\$7953, \$25359)

CHANGE IN RECOMMENDATIONS 2012 2017

Radial access^a
MATRIX¹⁴³

DES over BMS

EXAMINATION^{150,151}
COMFORTABLE AMI¹⁴⁸, NORSTENT¹⁵²

Complete Revascularization^b

PRAMI¹⁶⁸, DANAMI-3-PRIMULTI¹⁷⁰,
CVLPRIT¹⁶⁹, Compare-Acute¹⁷¹

Thrombus Aspiration

TOTAL¹⁵⁹, TASTE¹⁵⁷

Bivalirudin

MATRIX²⁰⁹, HEAT-PPCI²⁰⁵

Enoxaparin

ATOLL^{200,201}, Meta-analysis²⁰²

Early Hospital Discharge^d

Small trials & observational data²⁵⁹⁻²⁶²

Oxygen when
SaO₂ <95%

AVOID⁶⁴,
DETOX⁶⁶

Oxygen when
SaO₂ <90%

Dose i.V. TNK-tPA
same in all patients

STREAM¹²¹

Dose i.V. TNK-tPA
half in Pts ≥75 years

2017 NEW RECOMMENDATIONS

• Additional lipid lowering therapy if LDL >1.8 mmol/L (70 mg/dL) despite on maximum tolerated statins

• Complete revascularization during index primary PCI in STEMI patients in shock
Expert opinion

• Cangrelor in P2Y₁₂ inhibitors have not been given
CHAMPION¹⁹³

• Switch to potent P2Y₁₂ inhibitors 48 hours after fibrinolysis
Expert opinion

• Extend Ticagrelor up to 36 months in high-risk patients
PEGASUS-TIMI 54³³³

• Use of polypill to increase adherence
FOCUS³²³

• Routine use of deferred stenting
DANAMI 3-DEFER¹⁵⁵

I

IIa

IIb

III

2017 NEW / REVISED CONCEPTS

MINOCA AND QUALITY INDICATORS:

- New chapters dedicated to these topics.

STRATEGY SELECTION AND TIME DELAYS:

- Clear definition of first medical contact (FMC).
- Definition of “time 0” to choose reperfusion strategy (i.e. the strategy clock starts at the time of “STEMI diagnosis”).
- Selection of PCI over fibrinolysis: when anticipated delay from “STEMI diagnosis” to wire crossing is ≤120 min.
- Maximum delay time from “STEMI diagnosis” to bolus of fibrinolysis agent is set in 10 min.
- “Door-to-Ballon” term eliminated from guidelines.

TIME LIMITS FOR ROUTINE OPENING OF AN IRA^e:

- 0–12h (Class I); 12–48h (Class IIa); >48h (Class III).

ELECTROCARDIOGRAM AT PRESENTATION:

- Left and right bundle branch block considered equal for recommending urgent angiography if ischemic symptoms.

TIME TO ANGIOGRAPHY AFTER FIBRINOLYSIS:

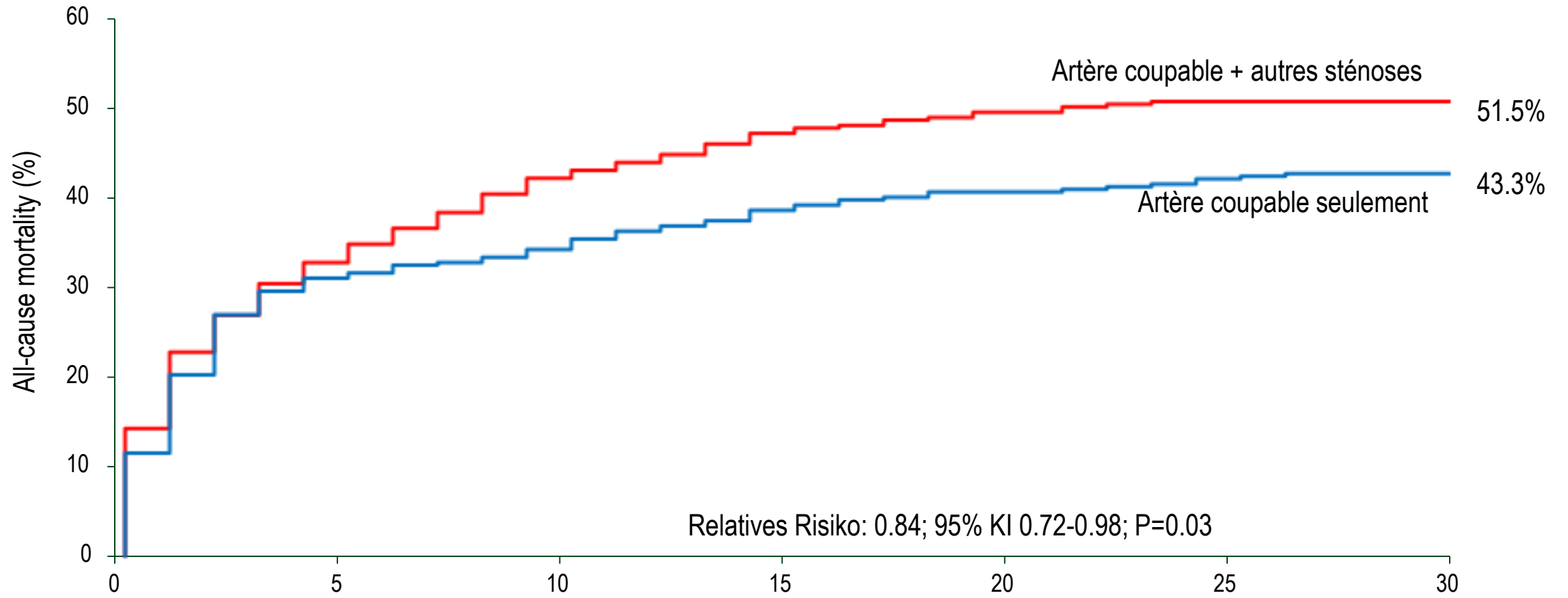
- Timeframe is set in 2–24h after successful fibrinolysis.

PATIENTS TAKING ANTICOAGULANTS:

- Acute and chronic management presented.



Mortalité totale



Number at risk:

	0	5	10	15	20	25	30
Culprit lesion only PCI	344	237	226	211	203	198	193
Immediate multivessel PCI	341	229	197	179	170	166	165

Merci de votre attention